

Volunteer to Help Those Facing Unexpected Pregnancies

You know them! Now will you HELP them?

Women and men facing unexpected pregnancies are not strangers. They are our neighbors, classmates, friends, relatives and even those sitting in the pews next to us. They are rich and they are poor. They are married and they are single. They are teens and they are adults. They are of different races, different cultures, different religions, or claim no religion.

All too often women and men are forced to deal with the uncertainty and trauma of an unexpected pregnancy alone. During that time they may need someone to turn to for help.

Will you be that someone? If you have a heart for ministry and want to help reach people in your community with a life-affirming message of hope and support, you are encouraged to contact your local pregnancy medical clinic (PMC) or pregnancy resource center (PRC) to find out how you can offer your services.

There are many ways to serve - whether you have time to help once a month, once a week or several days each week, they need you! These opportunities are not just for women - for every unexpected pregnancy there is a male involved! Men are needed as mentors, friends, and even to help fix things!

The following ideas were gathered from the websites of PMCs and PRCs across the country:

** Many positions require application, training and acceptance by PMC and PRC leadership*

- Medical director, Nurse Manager, Sonographer for PMCs
- Offer your professional skills in legal matters, financial management, marketing and publicity, fundraising, graphic design and printing, counseling, education, pastoral oversight
- Client Advocate / Lay Counselor (All training is provided free of charge, and does not obligate you to volunteer)
- Handyman, Landscaper, Cleaning the Center
- Event Planner
- Baby Boutique Coordinator
- Special Music for banquets
- Provide administrative assistance
- Receptionist
- Serve as a phone consultant or hotline contact for after hours
- Organize fundraising events like banquets, walks, and baby bottle campaigns
- Help develop or update the center's website
- Coordinate clothing and diaper drives
- Distribute promotional items and brochures to local churches, schools, and businesses
- Befriend and mentor pregnant moms throughout their pregnancy
- Provide abstinence and decision-making support to those tested for STDs
- Provide mentoring to moms and dads during the first year after the birth of their child
- Provide housing to a birth mom during her pregnancy and six weeks afterwards
- Male advocate: provide counsel, friendship and education to men
- Abstinence Education Speaker
- Prayer Partner
- Be the contact at your church to keep church informed about events, services & needs
- Post Abortion Recovery Group Facilitator
- Childbirth educator
- Include the local PMC or PRC in your Church home mission budget
- Collect a special offering at Sanctity of Human Life Sunday in January
- Host a baby shower - fill a crib in your foyer with baby items
- Support annual fundraising events, sponsor a table at their banquet, invite others at church to participate in their Walk for life
- Invite someone from your local PMC or PRC to come to your church or for mission fairs, to speak to your small group or youth ministry, to speak in your classroom.